



## Best Practice

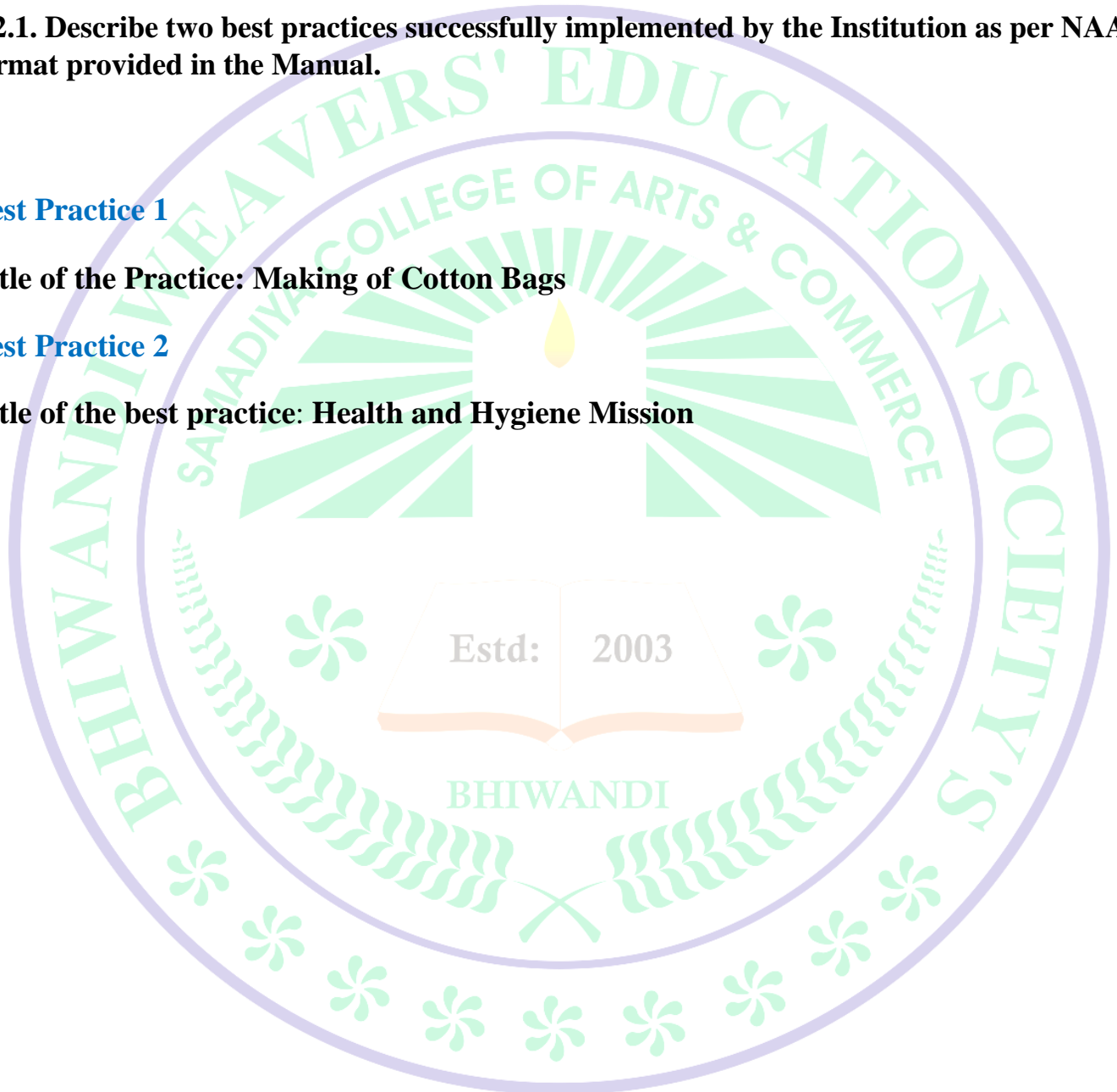
**7.2.1. Describe two best practices successfully implemented by the Institution as per NAAC format provided in the Manual.**

### Best Practice 1

**Title of the Practice: Making of Cotton Bags**

### Best Practice 2

**Title of the best practice: Health and Hygiene Mission**





## Best Practice 1

### **Title of the Practice: Making of Cotton Bags**

Cotton bags are the most common bags made with natural fibers. They might be made from traditional cotton, organic cotton or recycled cotton bags. Traditional cotton is made from a renewable crop source.

### **Objective:**

A cotton bag is a kind of eco-friendly bag made from cotton fabrics the material of the cotton is 100% cotton main objective behind cotton bag distribution is to clean or plastic free our college and nearer areas.

### **Context:**

- To create awareness and giving information regarding cotton bags to students and staff about the various issues concerning the society.
- To make positive contribution to the community by participating in project like making cotton bags distributing is related to the betterment of the society.
- Trying to develop good relationship with local community and improve quality of life. With the help of street play on Anti plastic awareness.
- To develop problem solving attitude and team spirit among students it is our motto or objective behind making of cotton bags.

### **Practice:**

- The college encourage students to used cotton bags and discouraged to bring polythene bags with the help of tree plantation programme, and anti-plastic awareness.
- Students are making Brought cotton bag is distribute in market area, college peonies even students approach college's canteen to the use cotton bag instead of plastic bags.
- NSS volunteers distributes cotton bags in adopted villages at Angaon, Mahapoli, & some area of Bhiwandi, performed street play on Anti Plastic awareness.

### **Evidence of Success:-**

- The entire scheme included active participation of the students.
- We got appreciation letter from various institutions of adopted villages to create awareness regarding use of cotton bags.
- Our management, college staff and students are used cotton bags instead of plastic bags.
- We have different action photos on cotton bags distribution.

### **Problems:-**

- Struggles required to continuously monitor students and work under the scheme.
- Price discrimination vendors and buyers told us that cotton bags are costly than plastic bags.
- Regarding prevent bacterial cross-contamination of food, cotton bag needs regular washing.



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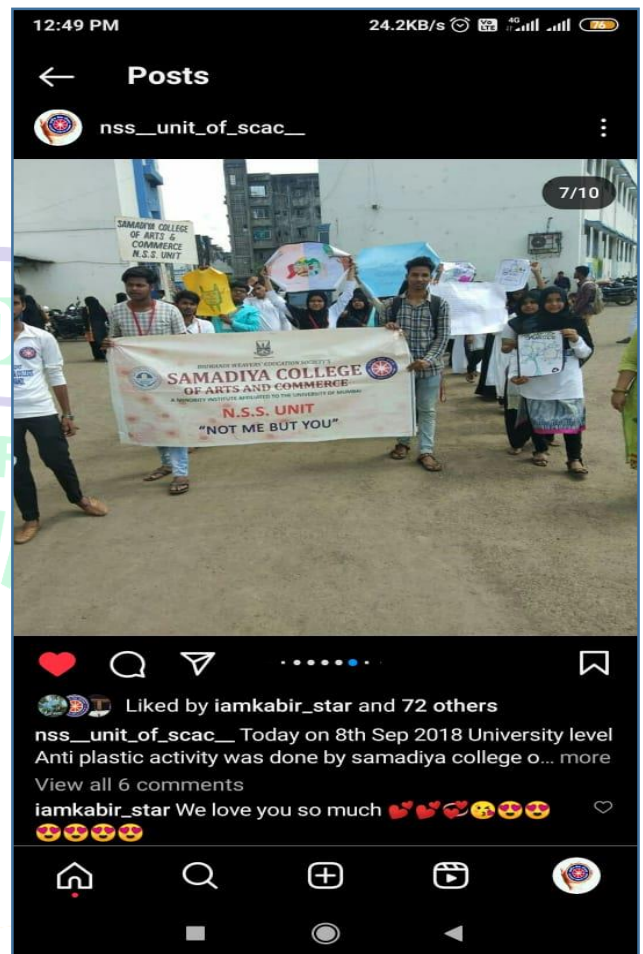
BHIWANDI

## Best Practice 01: Cotton Bag Distribution



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## Best Practice 01: Cotton Bag Distribution



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## Best Practice 01: Cotton Bag Distribution



BHIWANDI WEAVERS' EDUCATION SOCIETY'S

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**Best Practice 01: Cotton Bag Distribution**



## Best Practice 2

### **Title of the best practice: Health and Hygiene Mission**

Health refers to a state of complete physical, mental, and social well-being, not merely the absence of disease or infirmity. Hygiene, on the other hand, encompasses practices that promote cleanliness, prevent the spread of diseases, and maintain a healthy environment.

#### **Objective:**

Prevention and control of communicable and non-communicable diseases. Population stabilization, gender & demographic balance. Access to integrated comprehensive primary health care. Promotion of healthy lifestyles of our students and Communities.

#### **Context:**

Proper health and hygiene practices significantly reduce the risk of illnesses and infections. By following preventive measures such as regular hand washing, proper food handling, and maintaining a clean environment, we can minimize our exposure to disease-causing pathogens.

#### **The Practice:**

- NSS and WDC unit arranged a health and hygiene awareness program in our college and campus institutes.
- NSS volunteer conducted polio drive awareness at adopted villages.
- College arranged medical camps, Health check-up camp, eye check-up camp etc.
- Lectures are arranged where boys and girls share their problems related to their health and hygiene.
- In the adopted community of Zaitun Pura, a beautiful initiative has taken root to support girls and women during their menstrual cycles. Every household is now equipped with a steady supply of sanitary pads, ensuring that no girl or woman has to face the challenges of period poverty alone. This thoughtful distribution not only provides practical support but also fosters a culture of empathy and understanding surrounding menstruation. Through this simple yet impactful gesture, the NSS unit demonstrates its commitment to promoting dignity, health, and equality for all.

#### **Evidence of Success:-**

- The entire practice included active participation of the students and staff.
- Number of students benefited with health and hygiene awareness program arranged by the college.
- We have different action photos of health and hygiene mission.

#### **Problems:-**

- Some of these challenges include lack of full community participation, inadequate gender inclusion, lack of coordination among communities and behavioural issues.
- Efforts required to continuously monitor students and work under the practice.
- Lack of clean and adequate water etc.





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**Best Practice 02 : Health and Hygiene Mission**

**Polio Drive**



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*Street Play on Health and Hygiene*